



# Nature Valley™ Sweet & Salty Nut Granola Bars Almond 1.2 OZ

UPC: **016000420687**

Information Accurate as of: **October 23, 2018**

## DESCRIPTION

All natural, high protein granola bar made with a balance of savory nuts and sweet granola with an almond butter coating. Meets 1 ounce equivalent grain and whole grain-rich criteria.

Case GTIN: **10016000420684**

Unit Weight: **19.7 OZ**

Units per case: **8**

## Nutrition Facts

1 Bar (35g)  
Serving Size

**Calories**  
per serving **160**

| Amount/serving         | % Daily Value** | Amount/serving                | % Daily Value** |
|------------------------|-----------------|-------------------------------|-----------------|
| <b>Total Fat</b> 7g    | 11%             | <b>Sodium</b> 170mg           | 7%              |
| Saturated Fat 2g       | 11%             | <b>Total Carbohydrate</b> 22g | 7%              |
| Trans Fat 0g           |                 | Dietary Fiber 2g              | 6%              |
| <b>Cholesterol</b> 0mg | 0%              | Sugars 12g                    |                 |
| <b>Potassium</b> 85mg  | 2%              | <b>Protein</b> 3g             |                 |
| Vitamin A 0%           | • Vitamin C 0%  | Calcium 2%                    |                 |
| Iron 2%                |                 |                               |                 |

\*\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\*Not a significant nutrient source

**INGREDIENTS:** Almonds, Corn Syrup, Whole Grain Oats, Sugar, Rice Flour, Palm Kernel Oil, Whole Grain Wheat, Vegetable Glycerin, Honey Roasted Almond Butter (almonds, honey, maltodextrin, palm oil, mixed tocopherols), Whey, Fructose, Canola Oil, Salt, Soy Lecithin, Corn Starch, Barley Malt Extract, Baking Soda, Natural Flavor, Vitamin E (mixed tocopherols) Added to Retain Freshness.

**KOSHER APPROVAL:**

**ALLERGENS:** CONTAINS ALMOND, WHEAT, MILK AND SOY; MAY CONTAIN PEANUT INGREDIENTS.

Nutritional information is subject to change. See product label to verify ingredients and allergens. Do not eat raw dough or batter.

This product profile is correct through the date above. Because product formulations and related product attributes may change, this information is subject to change. Search results are based on the system information available. Nutritional information is subject to change. See product label on package to verify ingredients and allergens.